

Form Health – a name you can trust

- Researched and evidence-based protocols
- State of the art assessment technology
- Home and workplace assessments anywhere within Europe, which incorporates the same tests undertaken in a clinical environment
- Ongoing client and assessor partnerships
- Specialist centres for the provision of assessments
- A highly professional practitioner team consisting of well trained, experienced, and dedicated consultants
- Proven experience as expert witness
- Leaders in the provision of Functional Capacity Evaluations and Chronic Pain Abilities Determination (CPAD) assessments
- A wealth of experience with occupational health solutions



formhealth⁺
strategies for work and life

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Please visit our website to see where our static clinic sites are located as well as viewing our current team.

We Provide

■ Functional Capacity Evaluations (FCE)

The FCE is a comprehensive physical evaluation of an individual's current capabilities to perform work related tasks in order to determine whether or not they meet the physical demands required to undertake either their own or alternative forms of employment.

■ Chronic Pain Abilities Determination (CPAD)

CPAD is a new protocol which has been designed to determine the working capabilities of individuals who suffer from various chronic disabling conditions, the outstanding prototypes of which are Chronic Fatigue Syndrome (CFS) and Fibromyalgia (FM).

■ Job Demands Analysis (JDA)

The JDA is a detailed assessment of the job demands of a particular role that an individual is required to perform at the work-place. The results of the JDA can then be compared to the worker's current functional capabilities, as determined through an FCE.

■ Ergonomic Assessments (EA) including Vehicle Assessments

The EA is a tailored review of an individual's work-station, work-cell, office or vehicles. The assessment looks at the overall environment, and equipment used, particularly focusing on the relative positions and adjustability of items such as workbenches, chairs and desks, and provides recommendations on how reasonable adjustments can be implemented and the cost involved.

■ Transferable-skills Analysis (TSA)

The TSA determines what alternative positions an individual may fill if their previous position no longer exists or they can no longer perform their normal form of employment due to injury or medical condition.

■ Vocational Assessments (VA)

The VA measures the individual's aptitudes and abilities which can provide recommendations for improvement. An objective evaluation of a person's ability to work at a particular level including psychometric testing through face-to-face meeting(s) is undertaken, and a full TSA is provided. The VA provides the individual with a helping hand back into the work-place.

■ Injury Care Management

We provide a fast-track solution for individual's requiring immediate treatment to facilitate a successful return to work.

■ File Reviews

Our experienced team can help provide recommendations for the most appropriate assessments available to determine an individual's barrier(s) to a return to work.

■ Complementary Claims Assessor and Human Resources Training

We would be delighted to come along to visit you, either individually or as a team, to explain in more detail the services we are able to offer you.



Who we are?

Form Health is a rapidly expanding company offering leading-edge solutions for occupational health assessments and case management strategies.

Our team boasts significant experience in the insurance, medico-legal and occupational health industries (both manufacturing and knowledge-based companies) and we are dedicated to ensuring the highest levels of assessment, support and advice. We also understand, of course, the importance of maintaining excellent working relationships with our clients.

The team

Form Health's team of highly skilled occupational therapists, physiotherapists and osteopaths has vast experience of working within the occupational health, industrial, corporate and vocational rehabilitation sectors. Furthermore, our knowledge bank of recent events and changes within this specialised area, puts us at the forefront of our field.

Our team of health specialists' expertise allows us to formulate return-to-work strategies including goal-orientated rehabilitation plans to help maximise an individual's working potential.

All of this, along with our emphasis on continual professional training and development means that you can be one hundred per cent confident in our service to you.

Technology and education

At Form Health we utilise the very latest in hardware technology and peer-reviewed assessments, devised in association with Virginia Commonwealth University, one of the most respected and prestigious universities in the USA.

We also recognise that the technology is only as good as the evaluator using it and for this reason we invest heavily in educating our assessors on an ongoing basis, keeping them up to date with industry news and research.

Where to find us

Form Health utilises equipment that is fully mobile, making our services available in the workplace, hospitals, clinics and individual's homes alike. Therefore, assessments can be undertaken anywhere in the UK, Ireland and Europe. We also currently have static clinics in London, Leicester and Manchester.

To arrange an assessment
or to discuss your specific requirements
please call us on 0208 444 1884
or visit our website at
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